



Travel Checklist

Documents

- Valid passport
- Passport photos for visa applications
- Other travel documents if needed e.g. travel insurance
- Photocopies of your credit cards, ATM cards and other important identification
- Travelers checks
- Plane tickets

Recommended items to bring

- Notepad and pen
- Travel guidebooks, maps and phrasebooks
- Alarm clock and watch or your cell phone
- Portable music player
- Sunglasses
- Money belt
- Insect repellent
- Sun screen
- Hat
- Umbrella
- Earplugs
- Toothbrush, toothpaste and floss
- Small flashlight



Clothing

- Lightweight clothing
- Raincoat
- Sandals
- Sport/walking footwear
- Swimming shorts / bathing suit
- Light jacket

Travel Health, Medicine and First Aid Kits

- Visit your personal physician / travel Health Clinic
- Pepto Bismol / upset stomach / antacid tablets
- Tylenol / acetaminophen / ibuprofen (depending on your allergies)
- Any other necessary medications that you normally take
- Vitamins / health supplements
- Bandages

Have A Wonderful Safe Trip!